

# SUGGESTED ACTH PROTOCOL

(PILOT STUDY)

## INDICATION:

- POST DURAL PUNCTURE HEADACHE

## DOSE:

- 1.5 UNITS/KG
- "COSYNTROPIN" = Synthetic ACTH
- 25 units/vial
- 6 vials for 100 kg patient; 4 vials for 66 kg patient
- place vials in 250 cc saline
- infuse IV over ½ hour

## EFFECT:

- over 2 - 6 hours

## REPEAT:

- may need to repeat dose x 1 in 24 hours

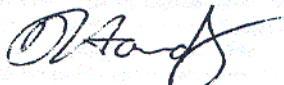
## CONTRAINDICATIONS:

- same as single dose steroid
- OK in breast feeding moms (Pediatric Opinion)

## OTHER INFORMATION:

- See article "Adrenocorticotrophic Hormone Infusion as a Novel Treatment for Postdural Puncture Headache" (attached)
- call Anil Patel, Pharmacy if there are any problems - He will track unique numbers
- please record info on record sheet in lounge (on cork bulletin board) whenever you use ACTH.

***Have a headache-free day and stamp out needleless headaches!***



Douglas Hardy, MD, FRCPC